



Newsletter

OCTOBER 2026

For many of us, October is the biggest month on the calendar. Good luck to all STRC Members running the Wineglass 5k, Half Marathon or Full Marathon!

Our primary focus this month is gearing up for the **Red Baron 5K and Half Marathon**. We have awesome swag and just a few hills for you. Check out the details and register today! SOAR will be hosting their **Trails, Tricks & Treats Challenge** and we have a new Brewery Run Location at Carey's Brew House in Corning. Come out and run with us in October!



**SATURDAY, OCTOBER 17TH
AT 10:15AM**

58 Bridge Street, Corning, NY
3 Mile Course (ad mileage at your leisure)
Brew House Opens at 11am.

STRC GROUP RUNS:

WHEN: Saturdays at 9:00 AM
WHERE: Lackawanna Rail Trail in Elmira,
DISTANCE: 5K, add miles before/after

WHEN: Tuesdays at 6:00 PM
WHERE: Confluence Running Store in Corning
DISTANCE: 3 miles

2026 RACE CALENDAR



5k and Half Marathon

Sunday, November 1st

Click to Register: [REGISTER](#)



Half Marathon Participants receive a Rain Jacket. 5K Participants receive a t-shirt. All runners receive medals and a meal at the finish!

**IMPORTANT: DEADLINE TO
GUARANTEE SWAG SIZING AND
AVAILABILITY IS OCTOBER 5th.**



**PIE &
GLOVE
5K**

Thanksgiving Day
Thursday, November 26th
Registration Open: [REGISTER](#)



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TRAILS, TRICKS, & TREATS

Fall Fundraising Event
for the SOAR Youth Running Club

Date: Sunday, October 25, 2026

Location: Y at Watson Woods
(Dry Run Rd., Painted Post)

Schedule: 9:30am Arrival & Check-in
10:00am – Event Begins

Prizes:

Adults: Cash prizes for top male and female
(most distance covered)

Youth: Goodr sunglasses for top male and top
female finishers (Under 18 & Under 10)

2- Hour Trail Challenge Event

Festivities:

Costume Contest

Chili Cookoff

Raffle Prizes female finishers (Under 18 &
Under 10)

All ages and fitness levels welcome! Come out
for a great Fall day on the trails!



THANK YOU

to all runners who joined us for
Trailfest at Sugar Hill.
Congratulations to all finishers,
it was a great day on the Trails.

STRC MEMBERSHIP

If you are a Member, Thank You! If you are not yet a member, come run with us!

Our membership fee structure is:

Individual Membership: \$10/year

Family Membership: \$20/year*

*Families can have up to 6 people be part of the membership and family members must live at the same address.



Among the benefits included with a Membership is \$5.00 off your registration fee for any STRC Race. Run two races, and your membership is essentially free.

YOUR INPUT IS WELCOME

- Email us at
southerntierrunningclub@gmail.com

- Board meetings take place at the Ill Eagle Taphouse in Elmira at 6:00 PM, every 2nd Wednesday of the month.

HAPPY RUNNING!

STRC Board of Directors